



We have ALL been affected by COVID-19

ARE YOU INTERESTED IN TALKING WITH SOMEONE?

We are an **anonymous, confidential, and free** information line ready to provide...

- Information
- Education
- Emotional Support
- Links to resources

Attend a short presentation on...

- Recognizing common reactions to disasters
- Building coping skills for the recovery process
- Managing disaster-related stress
- Identifying and meeting children's needs

**We are here for
YOU!**

WE ARE AVAILABLE
TO SPEAK TO YOUR...

- Home
- School
- Meetings
- Workplace
- Place of worship
- Club
- Events

Contact Us!

24/7 Statewide Information Line
(888) 442-1793

